



## BLUE CARD – CLUB MEDICAL STAFF KEY POINTS

### GAME DAY

- The role of the any medical staff present on match day (e.g. athletic therapists, physiotherapists) is vital in the implementation of the recognize and remove procedures for any player with a suspected concussion.
- It is recommended that a match official seeks the input of any medical staff present in making the decision of whether to issue a Blue Card. Ultimately, in accordance with Law 3.24, the issuing of a Blue Card is the responsibility of the match official.

### POST MATCH

- Over the 24 to 48 hours following the match, maintain contact with the player to assist them in monitoring for signs and symptoms of concussion.
- Assist the player in seeking medical attention from a qualified medical doctor, ideally within 24 to 48 hours.
- If the medical doctor indicates that the player has not been diagnosed with a concussion, monitor them in their resumption of full participation in rugby related activities.
- If the medical doctor does not clear the player of having a concussion, assist them in their undertaking of the World Rugby Graduated Return to Play (GTRP) program.
- Before the player recommences contact practice and resumes playing, liaise with the player, Club Officials and coaching staff to ensure the player has the Rugby Ontario Medical Clearance Letter completed and signed by a medical doctor.

**For full information on Rugby Ontario's Blue Card Initiative please go to [www.rugbyontario.com/bluecard](http://www.rugbyontario.com/bluecard)**